

Foundations – Week 1

Perhaps you have heard of the word “*discipleship*” and have wondered what it really means *to be* a disciple. Perhaps you have desired to learn more of the basics of who God is, who Christ is, and *why* Jesus willingly gave Himself over to suffering and to death. I am continually reminded of the verses found in Romans 10:14-15 that says, “*How then will they call on Him in whom they have not believed? And how are they to believe in Him of whom they have never heard? And how are they to hear without someone preaching? And how are they to preach unless they are sent? As it is written, ‘How beautiful are the feet of those who preach the good news!’*”

Over the next *eight weeks*, we will examine the foundational truths of Christianity and begin developing the habits and relationships necessary to follow Jesus faithfully. After these *eight weeks*, you should be able to articulate the gospel, understand the *basic* Christian beliefs, practice foundational spiritual disciplines, participate meaningfully in the church, and identify your *next step* toward spiritual maturity.

Who is God?

- God created us, loves us, and desires a relationship with us.

Key Scriptures: Genesis 1:1; Psalm 139:1-18; Isaiah 6:1-5; Matthew 22:37-38; John 17:3

Ice-Breaker Question: When you hear the word **God**, what is the first word or image that comes to mind?

3 Foundational Truths: 1) God Created me 2) God knows me 3) God wants me to know Him

Discussion Questions

- 1) What did you believe about God before beginning this study?
- 2) What does it mean to you that God created you intentionally?
- 3) Why do you think people sometimes have difficulty believing that God knows and loves them?
- 4) What is the difference between knowing *about* God and knowing God?
- 5) What questions about God do you still have?

Practice this week:

Spend 5 minutes each day praying: “God, help me know You more clearly and understand who You are.”

Then, read Psalm 139 SLOWLY at least twice during the week.

Memory Verse: John 17:3 “And this is eternal life, that they know You, the only true God, and Jesus Christ whom You have sent.”